

My way



What is Mi Via?

Mi Via is the New Mexico Self-Directed Medicaid Waiver Program that supports New Mexicans with disabilities and the elderly in building their own lives.

Mi Via invites you to be an active participant in deciding how to live your life your way by choosing where and how you live and what services and supports you buy. These may be new services, or services you now receive through your current waiver. With Mi Via, you will have more choice, more control, more flexibility and more freedom.



For more information about
Mi Via, please call:
1-866-786-4999 (toll-free)

Mi Via is administered through an interagency partnership among the New Mexico Aging and Long-Term Services Department, the Department of Health and the Human Services Department.

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New Mexico's **Mi Via** Program

An Interagency Medicaid
Self-Directed Waiver Program



My Life



“It is lonely in the nursing home ... you need to have people around who love and care for you.”

My Choice



Mi Via is all about your choices — your goals, your hopes, your dreams in deciding how you choose to live your life.

Who is eligible for Mi Via?

Mi Via is for New Mexico residents who are eligible to receive long-term services through one of the four Medicaid waiver programs:

- Disabled and Elderly,
- Developmental Disabilities,
- Medically Fragile and
- AIDS,

as well as individuals with brain injury eligible for Home and Community-Based Services.

How does Mi Via work?

- You find out what your Medicaid budget is.
- You create your own individualized services and supports plan.
- You decide how to spend your budget.
- You hire, train and manage your own services and supports workers, or purchase goods, working with a Consultant in this process.
- A Financial Agent issues payments for your approved services and supports.

How can I find out more about Mi Via?

Please call **1-866-786-4999** (toll-free) for more information.



My Way

“My real belief about placing people in the ‘most integrated setting’ is that it makes for a more whole society.”

